

Salads

Harvest 6.95
leafy greens, crumbled
european feta cheese, pears,
dried figs, pepitas with
maple walnut vinaigrette

Spinach & Feta 7.25
roasted red peppers,
chickpeas, cucumbers,
pepitas with lemon
pepper basil vinaigrette

Daily Salad 3.95

Soups

*Cabbage, Potato,
White Bean* 3.75
celery, tomato, carrot and herbs

Daily Soup 3.95

Breads

Baguette 2.75
Rustic or Whole Grain

Seed & Grain Loaf 3.75
Sourdough, Rye or
Whole Grain

Fruit & Nut Loaf 4.75
with apricot, raisin,
cranberry, walnut



RUSTIC KNEAD

Knead for Catering?

CALL
630.296.0660



RUSTIC KNEAD

Questions / Concerns / Compliments
info@rusticknead.com

www.rusticknead.com

1130 State Street
Lemont, IL 60439

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Breakfast Sandwiches

Served weekly til 10:30 AM • 11:30 AM on weekends

Farmer's Egg Sandwich	5.45
sautéed egg with blackforest ham, gouda cheese, baby arugula, avocado	
Rustic Egg Sandwich	5.65
cracked egg with bacon, avocado, fig spread, peppercorns	
Hamlet Egg Sandwich	5.95
cracked egg, blackforest ham, bacon, gouda cheese, baby spinach, peppercorns	
Highlander's Egg Sandwich	5.45
sautéed egg with blackforest ham, Gruyere cheese, caramelized onion, mushroom tapenade	
Bacon, Egg & Cheese Sandwich	5.65
Deviled Egg Sandwich	5.95
sautéed egg, blackforest ham, Gruyere cheese, caramelized onion, baby spinach, avocado, kream mustard	
Spicy Chorizo Egg Torta	5.95
cracked egg, spicy chorizo, pepper jack cheese, crushed Calabrian pepper, red onion, baby spinach, avocado	
Veggie, Egg & Cheese	5.25
sautéed egg, Gruyere cheese, roasted red pepper, mushroom tapenade, avocado, baby spinach	
Grinched Eggs and Ham	5.95
cracked egg, blackforest ham, pesto, pepper jack cheese, vine tomato, avocado, arugula	
Wild Caught Alaskan Smoked Salmon	6.95
with european feta cheese, vine tomato, red onion, baby arugula, fresh dill	

All sandwiches can be made on gluten free bread

Breakfast Specialties

Banana Split Parfait	5.95	Hearty Oatmeal	5.75
low fat vanilla yogurt, classic granola, coconut chips, banana, cherry pie filling		cinnamon, vanilla bean paste, topped with toasted almonds, dried cranberries, brown sugar, low fat vanilla yogurt	

Lunch Sandwiches

Served daily at 10:30 AM

Chicken & Gouda	7.45
with baby arugula, caramelized onion, pickle, horseradish mayo	
Organic Turkey & Gruyere	8.25
with pear, leafy greens, cranberry chutney	
Club Med	7.85
ABF chicken, european feta cheese, red pepper hummus, cucumber, vine tomato, avocado, red onion, baby arugula	
BLT	6.95
Blackforest ham, Leafy greens, vine Tomato	
EL Rancho	8.25
organic free range beef, european feta cheese, vine tomato, leafy greens, caramelized onion, horseradish mayo	
Chewheato	8.15
blackforest ham, Gruyere cheese, spicy chipotle sauce, avocado, cucumber, red onion	
Cobb	8.25
ABF chicken, gouda cheese, bacon, avocado, leafy greens, egg, cranberry chutney	
Parma Ham & Brie	8.75
with pear, baby arugula, fig spread	
Caprese	7.25
fresh mozz, vine tomato, baby arugula, avocado, pesto, balsamic	
Red Pepper Hummus	6.95
with cucumber, vine tomato, baby arugula, avocado	
Wild Caught Alaskan Smoked Salmon	8.95
with european feta cheese, cucumber, red onion, fresh dill	

All sandwiches can be made on gluten free bread

Extras

Add Meat	1.50	Add Egg	1.00
Add Cheese	1.00	Add Egg Whites	1.00
Gluten Free Bread	1.00		

Kids menu is available upon request