

# Breakfast Sandwiches

Served weekly til 10:30 AM • 11:30 AM on weekends

All sandwiches can be made on gluten free bread

<b>Farmer's Egg Sandwich</b>	4.45
sautéed egg with blackforest ham, gouda cheese, baby arugula, avocado	
<b>Rustic Egg Sandwich</b>	4.75
cracked egg with bacon, avocado, fig spread, peppercorns	
<b>Hamlet Egg Sandwich</b>	5.35
cracked egg, blackforest ham, bacon, gouda cheese, baby spinach, peppercorns	
<b>Highlander's Egg Sandwich</b>	4.65
sautéed egg with blackforest ham, Gruyere cheese, caramelized onion, mushroom tapenade	
<b>Bacon, Egg &amp; Cheese Sandwich</b>	4.35
<b>Deviled Egg Sandwich</b>	5.25
sautéed egg, blackforest ham, Gruyere cheese, caramelized onion, baby spinach, avocado, kream mustard	
<b>Garden Club Sandwich</b>	4.85
bacon, veggie cream cheese, baby spinach, vine tomato, cucumber	
<b>Ham &amp; Cheese Croissant</b>	3.95
blackforest ham and Gruyere cheese	
<b>Wild Caught Alaskan Smoked Salmon</b>	5.45
with veggie cream cheese, vine tomato	

## Breakfast Favorites

<b>Cinnamon Babka</b>		<b>Organic Oatmeal</b>	
<b>French Toast</b>	3.75		3.65
housemade cinnamon babka bread, sautéed in egg, dusted with powdered sugar		caramelized pears & apples, cinnamon, vanilla bean paste, dried cranberries, raisins, brown sugar, topped with Greek yogurt	

# Lunch Sandwiches

Served daily at 10:30 AM

All sandwiches can be made on gluten free bread

<b>Chicken &amp; Gouda</b>	7.45
with baby arugula, caramelized onion, pickle, horseradish mayo	
<b>Organic Turkey &amp; Gruyere</b>	8.25
with pear, leafy greens, cranberry chutney	
<b>Club Med</b>	7.85
ABF chicken, european feta cheese, red pepper hummus, cucumber, vine tomato, avocado, red onion, baby arugula	
<b>BLT</b>	6.95
Blackforest ham, Leafy greens, vine Tomato	
<b>EL Rancho</b>	8.25
organic free range beef, european feta cheese, vine tomato, leafy greens, caramelized onion, horseradish mayo	
<b>Chewheato</b>	8.15
blackforest ham, Gruyere cheese, spicy chipotle sauce, avocado, cucumber, red onion	
<b>Cobb</b>	8.25
ABF chicken, gouda cheese, bacon, avocado, leafy greens, egg, cranberry chutney	
<b>Parma Ham &amp; Brie</b>	8.75
with pear, baby arugula, fig spread	
<b>Caprese</b>	7.25
fresh mozz, vine tomato, baby arugula, avocado, pesto, balsamic	
<b>Red Pepper Hummus</b>	6.95
with cucumber, vine tomato, baby arugula, avocado	
<b>Wild Caught Alaskan Smoked Salmon</b>	8.95
with european feta cheese, cucumber, red onion, fresh dill	

## Extras

Add Meat	1.50	Add Egg	1.00
Add Cheese	1.00	Add Egg Whites	1.00
Gluten Free Bread	1.00		

Kids menu is available upon request



## Salads

*Harvest* 6.95  
leafy greens, crumbled  
european feta cheese, pears,  
dried figs, pepitas with  
maple walnut vinaigrette

*Spinach & Feta* 7.25  
roasted red peppers,  
chickpeas, cucumbers,  
pepitas with lemon  
pepper basil vinaigrette

*Daily Salad* 3.95

## Soups

*Cabbage, Potato,  
White Bean* 3.75  
celery, tomato, carrot and herbs

*Daily Soup* 3.95

## Breads

*Baguette* 2.75  
Rustic or Whole Grain

*Seed & Grain Loaf* 3.75  
Sourdough, Rye or  
Whole Grain

*Fruit & Nut Loaf* 4.75  
with apricot, raisin,  
cranberry, walnut



# RUSTIC KNEAD

*Knead for Catering?*

CALL  
**630.296.0660**



RUSTIC KNEAD

*Questions / Concerns / Compliments*  
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